



CLEAN, JUST AND SECURE FOOD

The bulgur, the ancestor of today's bulgur which was taken into culture. A 12 thousand years of grain tradition. Hittites and Phrygian's most important grain.

How many things can you name which lasted without any change from the Ice Age ended 12 thousand years ago?

Apart from the national selection which may occur with the effects of nature, there is a type of grain in Kastamonu and especially in İhsan-gazi without any change attempts on its origins and generation whatsoever. A type of wheat which can be produced in droughty, poor soils easily, has the properties of strong competition arising from wild form, does not gets ill easily, and takes the wind out of dangerous things's sails. "Real Wheat."

How do you think would it feel like to spoon up bulgur rice on the table of Hittites? Above all; wouldn't this feeling be more magnificent if this bulgur is very rich from vitamins and doesn't cause any indigestion problems even after eating full to the scuppers?



SIYEZ BULGHUR