



## TRADITIONAL TASTE BLACK SOUP DON'T LOOK AT THE NAME TASTE IT

A part of West Black Sea, especially the surroundings of Kastamonu, the remedies of the Black Soup made from Rubeola Herb (Amber Baris) firstly in Azdavay and Pınarbaşı provinces are numerous.

Rubeola herb heals liver and gall bladder illnesses. It includes Vitamin C. Lowers fever. It removes indigestion problems. It is a remedy for too many illnesses. It cures intestine inflammations. Stops cough. It empowers stomach. It is good for appetite. It heals mouth sores. It regulates blood flow. It lowers high blood pressure. It removes the sciatica, rheumatism and joint pains. We can say that it is a remedy in many ways.



BLACK SOUP